

LESSON 3: FRUIT OF THE SPIRIT: PEACE

Leader Guide for Grades 1 & 2

Classroom: K-2

 Galatians 5:22; Genesis 26:12-33

09/29/2019

Teachers

Bible

- Read: Galatians 5:22; Genesis 26:12-35
- In This Passage: Isaac has conflicts with various people over water rights. Instead of fighting, Isaac leaves each situation to find new water. In the end, he is able to find water and make a peace treaty.
- Bible Point: Peace is a fruit of the Spirit.
- Summary Verse: “But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!” (Galatians 5:22-23)

Going Deeper

- You’ll Be Teaching: *Peace is a fruit of the Spirit.* Most kids would rather be right than make peace. Faced with a situation similar to Isaac’s, it’s natural to try to stand up for what we feel we’re owed. Help kids see how choosing peace works out best for everyone.
- Think About: Think about a relationship where peace is lacking right now. What do you need God’s help to do to make peace?

Prayer

- Ask God to give your kids a stronger desire to make peace than to be right.

Quick Tip

- You’ll probably have a lot of teachable moments to help kids practice peace right in your classroom! When two kids are arguing, coach them to finding their own resolution by asking questions like, “What would be a good compromise that would work for everyone?” or “What can you do to show the other person peace right now?”

This Lesson at a Glance

OPENING

Kids share about a topic related to the lesson.

Supplies

- Bible
- red paper hearts, no smaller than 4x5 inches (1 per child)
- pencils
- tape

Easy Prep

- Ensure the tree is still intact and the hearts from the previous week are still attached to the tree. Reattach any that have fallen before kids come in. Leave it up for the entire unit on the fruit of the Spirit.
- Write the word “peace” on the whiteboard or somewhere kids can see and copy it.

BIBLE DISCOVERY

Kids make wells and more wells, and then they finally enjoy water.

Supplies

- Bible
- 3-ounce white dixie cups (4 per child)
- fine-tip permanent markers (1 per child)
- pitchers of water (enough to fill 2 cups of water per child)
- empty pitcher (optional)
- dirt

CRAFT

Kids make wells they can drink from.

Supplies

- 3-ounce paper cups (1 per child)
- small, bright-colored foam stickers (several per child)
- straws (1 per child)
- 8-ounce foam cups (1 per child)
- water
- tape (optional)

Easy Prep

- Make a sample craft to show kids.

TAKE-HOME

Kids receive a take-home page about the lesson.

Supplies

- this week's take home found in either Google Classroom or in the blue cross in the room

Easy Prep

- Add your church announcements to the "Dig In @ Home" handout.

OPENING Welcome

[5 min]

Supplies

- Bible
- red paper hearts, no smaller than 4x5 inches (1 per child)
- pencils
- tape

Welcome

- Thank kids for coming.
- Introduce new kids.

Introduce the Lesson

- Say: **Last week and over the next few weeks, we're learning about the fruit of the Spirit. One place fruit grows is on trees.** Point to the tree in the corner of the room. **Last week we added "joy fruits" because we learned about joy.**
- Give each child a red paper heart and a pencil.
- Say: **This week we'll learn that peace is a fruit of the Spirit. Peace is when we're calm and restful.** Lead kids to take a deep breath in and then breathe out, saying "Ahhh!" in a peaceful way like you breathed out all your stress. Hold up a heart, and have kids copy "peace" from the board onto their own paper hearts.
- Say: **Today we'll find out that being friends with God helps us be peaceful with others. Since God brings each of you peace, write your name on your heart, too.** Kids may flip their hearts to the side without "peace" to write their names, as they may need the entire space.
- Lead kids to tape their fruit to the tree.

Share

- Say: **As we learn about peace today, we'll find out about a man who kept peace even when some other people ruined something he made. So let's begin by talking about times people ruined something we made.** Share about a time someone ruined something *you* made. You might've made cupcakes and someone accidentally knocked them off the counter, or maybe you made a DIY (do-it-yourself) decoration for your home and someone broke it.

Summarize

Open a Bible, and say: **It's no fun when someone ruins something we put a lot of time into making. But we can still be peaceful in times like these. The man in the Bible story for today was named Isaac. Some people ruined Isaac's wells, but Isaac didn't start a fight. He was peaceful because he was God's friend, and peace is a fruit of the Spirit. When we're friends with God, God helps us have peace like Isaac did.**

CORE BIBLE DISCOVERY

[20 min]

Fruit of the Spirit: Peace (Galatians 5:22; Genesis 26:12-33)

Supplies

- Bible
- 3-ounce white dixie cups (4 per child)
- fine-tip permanent markers (1 per child)
- pitchers of water (enough to fill 2 cups of water per child)
- empty pitcher (optional)
- dirt

Make Wells

Say: Today's story shows that peace is a fruit of the Spirit. God can help his friends make peace, even when other people are being mean.

Our story is about a man named Isaac who had trouble keeping peace with the people living nearby. And it all had to do with some wells. Wells are deep holes dug in the ground until they hit water underground. That way, people can lower buckets into the well and pull up fresh water. Often, there's a little brick rim above ground at the top of the well that helps keep dirt/sand out.

Let's make miniature wells.

Distribute one cup to each child, and have kids draw bricks on their cups.

Invite kids to come get water for their well. With one hand begin to pour water into their cup but right as water is being poured use your other hand and put a scoop a spoonful of dirt/sand into each cup instead.

Say: **This is a little like what happened to Isaac. God had blessed Isaac. Isaac had a successful farm, a lot of animals, and a lot of wells. But he lived near some people called the Philistines. The Philistines were jealous of everything Isaac had, so they did something mean.**

Read Genesis 26:15-16.

Say: **The Philistines ruined Isaac's wells and kicked him out. I'd be pretty mad! But you know what Isaac did? He peacefully moved away. Peace is a fruit of the Spirit, and God helped Isaac make peace.**

Ask: How do you feel when someone ruins something that you were working on?

Ask: How do you respond to them?

Say: **Peace is a fruit of the Spirit. It might've been hard for you to act peacefully when someone broke something you were working on or made fun of something you did – but it was probably hard for Isaac, too! We can't control what other people do. Sometimes they'll ruin our stuff, take our stuff, or hurt our feelings. But through God's spirit working in us, we *can* control how we react. We can respond with peace. So let's make one very special well that you can take with you and I make a promise to you that I won't mess it up and I'm sorry for messing up your first one. I hope you can forgive me!**

CRAFT

Drink From the Well

[15 min]

Supplies

- 3-ounce paper cups (1 per child)
- small, bright-colored rectangular stickers (several per child)
- straws (1 per child)
- 8-ounce foam cups (1 per child)
- water
- tape (optional)

Easy Prep

- Make a sample craft to show kids.



Tip

- If the small cup slides down the straw, use a small piece of tape to hold it in place.

Talk About Being Thirsty

Say: **Today we learned about all the wells Isaac dug. Wells were really important for people who didn't live near a stream or river. Everyone needs water.**

Make Wells

Say: **Just in case we get thirsty today, let's make our own special wells.**

- Give each child a 3-ounce paper cup and several rectangular stickers.
- Help kids place foam stickers on their cups in a brick pattern.
- In the bottom of each cup, poke a hole that's large enough for a straw to go through.
- Give each child a straw, and help kids push the straw through the hole in the cup.
- Pour a small amount of water into a foam cup for each child. Show kids how to drink water through their "wells."

Say: **When Isaac dug his wells, he had a much harder time than we did. People kept taking his wells from him, and that might've made him mad. But Isaac chose to be peaceful and not fight. Being friends with God helped him have peace in his heart so he could share peace with others. Peace is a fruit of the Spirit, so we can be peaceful with others just like Isaac was.**

TAKE-HOME
Dig In @ Home

[0 min]

Supplies

- this week's take home found in either Google Classroom or In the blue cross hung up on the wall

Thank you for being a blessing to our children this week! Please fill out the feedback sheet and leave on the table. Your feedback will be considered in the lessons moving forward to help us perfect the format. Thank you!

Teacher: _____ Date: _____

Kid's In Attendance:

Best Moment:

Problems/Concerns:
